

Psychiatric University Hospital Zurich, Division of Clinical Psychiatry

EGO-PSYCHOPATHOLOGY INVENTORY

E P P

Ch. Scharfetter

STUDY	[_ _ _ _]	1-4
GROUP	[_ _]	5-6
PATIENT	[_ _ _]	7-9
RATING DAY	[_ _ _]	10-12
CARD NUMBER	[_ _]	13-14
Sex (1=male, 2=female)	[_]	15
Birthday (dd.mm.yyyy)	[_ _ : _ _ : _ _ _ _]	16-23
Date of hospitalization (dd.mm.yyyy)	[_ _ : _ _ : _ _ _ _]	24-31
First diagnosis	[_ _ _ . _ _]	32-36
Second diagnosis	[_ _ _ . _ _]	37-41
Diagnostic system (1=ICD9, 2=ICD10, 3=DSM3-R, 4=DSM4)	[_]	42
Age at onset	[_ _]	43-44
Course (1=first manifestation, 2=intermittent, 3=progreident, 4=chronic)	[_]	45
Duration of Current Episode Prior to Hospitalization (days)	[_ _ _]	46-48
Medication Prior to Hospitalization (0=none, 1=antidepr., 2=neuroleptics, 3=other)	[_]	49
Current Medication (cf. list of codes)	[_ _ _]	50-52
Educational level (1=remedial, 2=junior high, 3=high, 4=college)	[_]	53
DATE (dd.mm.yyyy)	[_ _ : _ _ : _ _ _ _]	54-61
INTERVIEWER	[_ _ _]	62-64
HOSPITAL	[_ _]	65-66
PATIENT ID (the hospital's internal PID)	[_ _ _ _ _ _ _ _ _ _]	67-78

0 = No such experience; 1 = Patient unsure whether he/she had the respective experience
2 = Experienced once or several times; 9 = Answer unclear;

CARD NUMBER	1-12 dupl [_ _] 13-14
IDENTITY	
1 I was no longer sure that I was still the same person or I had the feeling to be someone else than I was before.	[_] 15
2 I checked my appearance in the mirror more often than I used to.	[_] 16
3 I repeatedly said to myself: I am I, or, I am a human being.	[_] 17
4 My gender had changed. I felt I was a man (a woman).	[_] 18
5 I thought I had a different family, a different life history, compared to what I used to believe.	[_] 19
DEMARCATION	
6 I felt I was defenseless, at the mercy of influences beyond my control. I could not defend myself and I was not aware of my own boundaries anymore.	[_] 20
7 I had to withdraw physically or mentally from other people in order to protect myself. I did not allow anybody to come close to me anymore. I shut myself off from others.	[_] 21
8 I became one with creatures or objects. I lost the sense of my own boundaries.	[_] 22
9 When I had an experience, I often did not know if it was mine or the experience of someone else.	[_] 23
CONSISTENCY/COHERENCE	
10 I felt an internal split (splits) or felt that I was being torn apart, fragmented as a person or I felt that I was dissolving or failing to pieces.	[_] 24
11 I had the feeling that the whole world was exploding and falling to pieces.	[_] 25
12 My feelings did not go along with my thoughts, experiences or actions. My experience of life was paradoxical and mixed up.	[_] 26
13 I felt torn between two powers/opposites (good/bad). Opposing feelings or incompatible emotions tore me apart.	[_] 27
14 I heard internal voices or external voices even though nobody was there.	[_] 28
ACTIVITY	
15 Some mysterious or awesome force hindered my movements, my actions and speech. My activity was obstructed, I felt slowed down or paralyzed.	[_] 29
16 I felt spied upon, persecuted, watched and followed. I was no longer free in my actions and decisions.	[_] 30
17 I could no longer do what I intended to do, my movements and actions were directed and controlled. I felt like a tool, a puppet.	[_] 31
18 I felt overwhelmed, possessed by alien forces, powers or people.	[_] 32

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VITALITY

- | | | |
|---|-------|----|
| 19 I felt that my life was disintegrating, that I was dying. | [_] | 33 |
| 20 I felt lifeless, dead as a mummy. | [_] | 34 |
| 21 I felt that the world was about to end and all living beings would die. | [_] | 35 |
| 22 My soul, my inner liveliness was taken from me, was annihilated or killed. | [_] | 36 |
| 23 Some people or alien forces tried or planned to destroy and kill me. | [_] | 37 |

OVERCOMPENSATION

- | | | |
|---|-------|----|
| 24 I had tremendous power and influence and was able to direct and control people, natural forces or world affairs. | [_] | 38 |
| 25 I was able to heal sick people by spiritual means. | [_] | 39 |
| 26 I had visions. I was able to see things which happened far away and at another time. | [_] | 40 |
| 27 I had one or several children. | [_] | 41 |
| 28 I gave birth to living beings (without requiring sexual relations). | [_] | 42 |
| 29 I felt doubled or multiplied. I consisted of many living beings or these beings lived inside me. | [_] | 43 |

BODY

- | | | |
|--|-------|----|
| 30 The appearance, the shape of my body had partially or totally changed. | [_] | 44 |
| 31 My limbs did not fit together in the usual way. Their connection was loosened, everything was disarranged or out of place. I felt disoriented in my body. | [_] | 45 |
| 32 My body or parts of it were torn to pieces, dissolved or fell apart. | [_] | 46 |
| 33 Parts of my body separated themselves from the whole so that I experienced them outside of me. | [_] | 47 |
| 34 My whole body or parts of it were dead or dying (possibly already decaying). | [_] | 48 |
| 35 I had to hurt myself deliberately in order to cause pain. | [_] | 49 |
| 36 I had to hurt myself in order to see my own blood. | [_] | 50 |
| 37 I did not feel my skin anymore, so I had to rub or pinch or punch it. | [_] | 51 |
| 38 My sexual behavior changed. | [_] | 52 |
| 39 I had to breathe fast, or my breathing was reduced or stopped completely. | [_] | 53 |

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THOUGHT-PROCESS

- 40 Other people were able to read my thoughts. [_] 54
- 41 I was able to read other people’s thoughts. [_] 55
- 42 I coded my language or thoughts so that only I understood and nobody else could understand them. [_] 56
- 43 My own thoughts left my head, they spread out everywhere. I could not keep them within me or for myself. They slipped away and everybody knew them. [_] 57
- 44 My thoughts were torn apart. I had a tremendous confusion in my head. [_] 58
- 45 Alien thoughts were given to me (through telepathy or hypnosis). My thoughts and feelings came from outside of me. [_] 59
- 46 My thoughts were disrupted from the outside. My chain of thoughts was interrupted or some thoughts were taken away from me. [_] 60

PSYCHOMOTORIC BEHAVIOR

- 47 Everything that happened around me seemed dangerous, menacing, strange. I felt alarmed and watched everything attentively and anxiously. [_] 61
- 48 I had to pay close attention to my movements. I had to strictly control them. [_] 62
- 49 I repeated my own movements or words several times. [_] 63
- 50 I automatically imitated other people’s movements or words, like an echo. [_] 64
- 51 I froze stiff with fear and remained motionless for a long period of time. [_] 65
- 52 I was seized by a wild and uncontrollable panic. I was overwhelmed with fear. [_] 66
- 53 I assaulted people or banged into objects out of pure desperation. [_] 67

GLOBAL RATING

(0=No, never experienced; 1=questionable; 2-5=Yes, experienced once or several times, graduation depending on severity and intensity).

I D K A V
[_ | _ | _ | _ | _] 68-72